**Exercise: Encounters with persons (for example with parents and their generation, earlier generations, subsequent attachment figures)**

|  |  |  |
| --- | --- | --- |
| **Persons encountered** | Who was important or is easily recalled as relevant? | What did you learn from her/him? |
| Person 1 |  |  |
| Person 2 |  |  |
| Person 3 |  |  |
| Person 4 |  |  |
| Person 5 |  |  |

**Упражнение: встречи с значимыми персонами (например, родители и их поколение, значимыми фигурами )**

|  |  |  |
| --- | --- | --- |
| **Персона** | Почему был важным и почему Вы его помните? | Чему Вы научились от него? |
| Person 1 |  |  |
| Person 2 |  |  |
| Person 3 |  |  |
| Person 4 |  |  |
| Person 5 |  |  |